Host of Spike TV's "All Access Weekly" Breaks the Guinness World Records Title for "The Most High-Fives in One Minute"

Katie Linendoll Holds The Current Guinness World Record With 107 High-Fives Episode Airs This Thursday, April 19 at Midnight, ET/PT

NEW YORK, April 17, 2012 /PRNewswire/ -- Spike TV announced today that Katie Linendoll, host of the network's new tech-centric show "All Access Weekly," has attempted and succeeded in breaking the current Guinness World Records® of the "Most High-Fives in One Minute." Perfectly executed in anticipation of National High-Five Day on Thursday, April 19, Linendoll slapped 107 hands in just 60 seconds to earn the Official Record Holder title. The full Guinness World Records® Official Attempt will air in an upcoming segment on this Thursday's upcoming episode of "All Access Weekly."

(Logo: http://photos.prnewswire.com/prnh/20110419/NY85419LOGO)

"I always wondered how hard it would be to break a Guinness World Record - this was pretty intense!" said Katie Linendoll.

"This has been one of the most fun experiences, and I'm excited to have done it as a part of Spike's 'All Access Weekly' team."

According to Guinness World Records, nearly 50,000 Record Attempts are submitted each year and less than 5 percent succeed. Guinness World Record Adjudicators were on-location to verify the Guinness World Records Official Attempt and presented Linendoll with a certificate upon her successful completion.

The previous Guinness World Record Holder is Marcus Jahrling a.k.a. Mr. Giggles, a clown from the United Kingdom, who achieved the record on June 2011 with 101 high-fives in one minute.

Fans can watch Katie's successful attempt, as well as complete episodes and extended interviews on Spike's "All Access Weekly" page, allaccessweekly.spike.com, and can also follow the conversation on Twitter using #allaccess.

Spike's "ALL ACCESS" provides exclusive access to events that matter most: E3, Comic-Con, and the Consumer Electronics Show (CES). But what about the other 49 weeks of the year? The answer is Spike's "All Access: Weekly," which focuses on all the tech, gadgets, gaming and entertainment that guys care about all year-round. The show brings in the products that everyone's talking about and the technology that no one even knew existed. "All Access Weekly" airs on Thursdays at midnight ET/PT only Spike.

Spike TV is available in 99.8 million homes and is a division of Viacom Media Networks. A unit of Viacom (NASDAQ: VIA, VIAB), Viacom Media Networks is one of the world's leading creators of programming and content across all media platforms. Spike TV's Internet address is www.spike.com and for up-to-the-minute and archival press information and photographs, visit Spike TV's press site at http://www.spike.com/press. Follow us on Twitter @spiketvpr for the latest in breaking news updates, behind-the-scenes information and photos.

Guinness World Records (GWR) is the global authority on record-breaking achievements. First published in 1955, the annual Guinness World Records™ book has become one of the biggestelling copyright titles of all time, selling 120 million copies to date in 22 languages and in more than 100 countries. The internationally renowned brand is now also available across a number of platforms — GWR's global television shows are watched by 250 million viewers annually; digital media and online record-processing services attract more than 50 million visitors a year; and the live events team annually entertains and inspires 1.5 million people around the world. GWR receives more than 1,000 applications each week and has a specialized team of multi-language record managers and adjudicators who travel the globe to verify official record attempts.

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