

March 2, 2018

Every Setback is a Setup for a Comeback

BET HER's Hit Docu-Series "FROM THE BOTTOM UP" Returns for Season Three Premiering Saturday, March 3 at 10 PM EST

NEW YORK--(BUSINESS WIRE)-- Tensions run high in the season three return of "FROM THE BOTTOM UP" returning **Saturday, March 3 at 10 PM EST** on BET HER. After a fall from grace, five high profile women begin the long road to redemption while navigating family, friendship, careers and love. "FROM THE BOTTOM UP" is an eight-episode docu-series following the journey of these women striving to change their lives, rebuild their families and live their dreams.

FROM THE BOTTOM UP Season Three Sizzle Reel:

<http://qlnk.io/ql/5a73d6cae4b0314fffd59e74>

pw: ftbus3sizz

MEET THE CAST:

ANGELA STANTON

Angela is basking in the recent success of her book, "Lies of a Real Housewife," exposing a popular reality show star. She may see the light at the end of the tunnel now, but her story is flooded with sacrifice and betrayal. She has served jail time on multiple occasions, including 17 counts of conspiracy, racketeering, fraud and more. She wants to provide publishing deals for women who are currently incarcerated and teach them how to use their pain for prosperity. Now, her story has a fresh start, but where does she go from here?

TAMIKA WRIGHT

Tamika is a brutally honest former teacher who always had entrepreneurial aspirations. She dabbled in investments, including a clothing boutique, but her eye was caught by a lucrative business to which a love interest attracted her. When she saw how her husband's WIC accepting storefront businesses' potential to bring in millions of dollars, she risked everything to capitalize on it and make opportunities within it for her family and friends. Her good intentions cost her everything, after being caught for the illegal business practices. Now that she and her husband have lost everything, she is trying to redeem her skillset and direct it towards legal entrepreneurship that will put her family in a comfortable place again.

DANIELLE JONES

Danielle and her Boston banter encountered a popular Atlanta model, actor, and football player Stevie Baggs. Assuming that they had something rare and special she dove into a promising partnership. When she became pregnant, everything changed and what once bonded them wasn't enough to doctor the damage. She moved back to Boston until their daughter was two years old while watching Stevie date and flaunt his lifestyle on social media. Heartbreak doesn't land soft at any age, and she is determined to regain her focus and put her priorities on her passion regardless of her problems.

IESHA JENG

Ilesha has had an elixir of experiences, good, bad, and pivotal fall into her lap over the years. Becoming a mother at the age of 16 launched her into adulthood sooner than she expected and, when her mother died, it seemed that nothing could make the toxic hand life had dealt her worse. When looking for a job, focused on taking care of herself and her children, she had a chance encounter that led to receiving her own wardrobe department while applying for a job at Mizay Entertainment.

BRANDI DAVIS

As Brandi spent years as a dedicated girlfriend, she was led down dark road teaching her lessons about love and loyalty. While tangling herself in the thread of drug dealing, she was involved in a sting with a conspiracy charge to distribute cocaine. She served seven and a half out of ten years, leaving behind a three-year-old son and coming home to an 11-year-old was hard. She is trying to make something of her life after losing everything.

FROM THE BOTTOM UP comes from Flavor Unit Entertainment and executive producers Queen Latifah, Shakim Compere, Nicci Gilbert-Daniels, Luchia Ashe and Yaneley Arty. Series created by Gilbert-Daniels.

For video sneak peeks and first looks from season three of "FROM THE BOTTOM UP," visit the official page at BET.com/fromthebottomup. Also, join the conversation about the show on Twitter by using hashtag: #FromTheBottomUp; follow the show for all updates & special surprises @BETHERTV and @BET.

About BET Networks

BET Networks, a subsidiary of Viacom Inc. (NASDAQ:VIA)(NASDAQ:VIA.B), is the nation's leading provider of quality entertainment, music, news and public affairs television programming for the African-American audience. The primary BET channel is in nearly 85 million households and can be seen in the United States, Canada, the Caribbean, the United Kingdom, sub-Saharan Africa, France and South Korea. BET is the dominant African-American consumer brand with a diverse group of business extensions including BET.com, a leading Internet destination for Black entertainment, music, culture, and news; BET HER (formerly CENTRIC), a 24-hour entertainment network targeting the African-American woman; BET Music Networks - BET Jams, BET Soul and BET Gospel; BET Home Entertainment; BET Live, BET's growing festival business; BET Mobile, which provides ringtones, games and video content for wireless devices; and BET International, which operates BET Networks around the globe.

About Flavor Unit

Flavor Unit is an entertainment company owned by Queen Latifah and long time partner Shakim Compere. Most recently, Flavor Unit won an Emmy for Outstanding TV Movie for their original film Bessie which they co-produced with HBO. The film also garnered 12 Emmy nominations, SAG and Golden Globe nominations. Flavor Unit began by executive producing Disney's box office # 1 hit Bringing Down the House and then continued with Beauty Shop for MGM and The Perfect Holiday for Paramount. They have produced The Cookout with Lionsgate, as well as the film Just Wright with Fox Searchlight. Also on the small screen, they executive produced HBO's critically acclaimed film Life Support which garnered a number of awards including an Emmy nomination and Golden Globe win for Queen Latifah, as well as Lifetime's Original Movie Steel Magnolias which garnered an Emmy, SAG, and Critics Choice nomination for Alfre Woodard.

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